

# **Ban on overtime and shift changes in food industry from February 7 to June 1 2025**

**SEL has declared for an overtime and shift changes ban which begins on Friday February 7 2025 at 00:00 and ends on Sunday June 1 2025 at 23:59.**

- The overtime and shift changes ban applies to all employees in all workplaces that comply with the collective agreement between SEL and ETL.
- During the overtime ban, employees only work regular working hours. Employees do not work overtime.
- During the shift changes ban, employees follow the confirmed shift list. Employees do not change shifts at the employer's initiative.
- The overtime and shift changes ban is a legal industrial action that cannot result in sanctions for the employee.

**We need every employee to participate!**

**With the ban on overtime and shift changes, we are accelerating negotiations to create new collective agreements.**

**It's about your salary and other working conditions!**

**Read more in Finnish: [www.selry.fi/ylityokielto](http://www.selry.fi/ylityokielto)**



**SUOMEN ELINTARVIKETYÖLÄISTEN LIITTO**